

Trainee/Honorary Placement Role Description

Join our pioneering clinical service supporting people affected by rare conditions through online counselling and groups.

Rareminds is a registered charity committed to supporting the growth of clinical excellence in newly qualified and trainee counsellors. We work with other rare condition charities to provide specialist counselling services that help people living with, or caring for someone with, a rare condition.

As a growing organisation, we are looking for a trainee/honorary counsellor to join our pioneering Clinical Team and help us provide innovative life-changing therapeutic support for people impacted by rare conditions.

We're looking for someone with:

- An interest in and enthusiasm for providing short-term and online therapy.
- An interest in developing a clinical specialism in working with people impacted by rare conditions.

Our placement includes:

- Commitment to a 2-year placement duration.
- Providing 3 counselling sessions per week Monday–Friday (or as agreed with Rareminds supervisor).
- Attendance at weekly small group supervision.
- Attendance at our monthly Clinical Team Meeting with our clinical psychiatrist (fixed time, second Friday of each month: 1.30–2.50pm).
- Commitment to work in accordance with Rareminds' policies, procedures and processes.
- Attendance at occasional other events within the rare conditions community as part of CPD.
- Attendance at 2 in-person team days per annum (London-based).

Rareminds holds its own professional indemnity insurance, but you will also be expected to have your own professional indemnity insurance in place by the start of the placement.

Probationary Period/Contract

Honorary/Trainee counsellors are expected to:

- Complete our induction process and in-house CPD training on 'Counselling People Impacted by Rare Conditions'.
- Sign a Memorandum of Understanding and (where applicable) a Placement Agreement between themselves, Rareminds and their training organisation.
- Undertake a 3-month review from the start date of placement in order to confirm continuation for the remaining duration.
- Have suitable IT equipment for this role, and have a robust and reliable internet connection for video consultations.
- Have access to an appropriate private and confidential space in order to conduct sessions.

- Register independently with the ICO for the purposes of GDPR.

This role is subject to an Enhanced DBS Check.

What Honorary/Trainee Counsellors can expect from Rareminds

We value the enthusiasm and new insights that trainees and newly qualified counsellors bring to us at Rareminds. You'll get:

- The opportunity to be part of a growing, innovative team of experienced clinicians working with an under-served population.
- A meaningful role where you can help maintain and grow clinical excellence.
- Ongoing professional development and strong clinical support.

To apply please send your CV and a cover letter (not more than 2 sides of A4) to recruitment@rareminds.org by 25th October 2026. Please put 'Trainee/Honorary Placement' as the email subject. Interviews will take place early November 2026.