

Trainee/Honorary Placement Person Specification

Rareminds is a pioneering charity providing specialist counselling services and group programmes to people living with rare conditions. You will be welcomed as a full participant at our clinical meetings. You will also be invited to take up an active role in both Rareminds and the wider rare conditions community via occasional external events/conferences, information days and forums. All commitments/activities are online unless otherwise stated.

Essential Criteria:

- To be on, or have completed, a core counselling or psychotherapy training that aligns with at least Column B Training and Practice Requirements in the SCoPEd framework (2025).
- The ability to work integratively with the interest and capacity to incorporate psychodynamic and analytic thinking.
- To be a member of a professional body such as BACP, UKCP, BPC or other approved professional body.
- To have a minimum of 100 counselling hours gained in a formal agency/clinical setting.
- Enthusiasm for, and commitment to, online counselling as a means of widening access to therapy for a marginalised population.
- To have undertaken a minimum of 50 hours of personal therapy on at least a weekly basis prior to placement commencement (and/or continued for the duration of a core training as required).
- To be able to manage a caseload within organisational guidelines.
- To have an understanding of the importance of supervision and reflective practice.
- To enjoy working as part of a small, committed team.
- To have an awareness of, and commitment to, adhering to your professional body's Ethical Framework.
- To understand the importance of, and be able to carry out, administration and record-keeping using online tools as required by Rareminds in a timely and organised fashion.
- To show an understanding of the impact of difference, diversity and disability in therapeutic relationships.
- To show awareness of, and interest in, working with individuals, parents and carers impacted by rare conditions.

Desirable Criteria:

- To have an understanding of the impact of physical health on emotional wellbeing.
- To have experience of working with people from a variety of backgrounds.
- To have lived experience of rare conditions, disabilities, cancer or other health conditions.
- To have lived experience of marginalisation as a result of colour, class, dis/ability or gender.